



About Us

At Red Apron we are committed to getting people 'back to the table' eating healthful, delicious food and our table includes you!

Our menus change daily, weekly and seasonally using ingredients that are sourced locally (when possible), and at their freshest - the best options for clients who want to eat consciously, and who also lead busy lives. Our service offers the gift of time – time to spend with family and friends.

Dinner to your Door

Our Fresh Meal Service delivers dinners on Tuesdays, Wednesdays and Thursdays and a Feast-style meal on Fridays. Find out more online at redapron.ca, and sign up to receive the weekly menu.

Gourmet Shoppe

Our Gourmet Shoppe and Wine Boutique has a large selection of wines, fresh & frozen prepared meals, soups, cakes & pies, baked goods, artisanal bread, house-made preserves, shelf goods, and much more. Drop in and stock up!

Breakfast

Start your morning off right with a choice of assorted sweet & savoury baked goods, house-made nut butters with toast, breakfast wraps, and much more.

Lunch

Lunch is available at our cafe and bakery counter.

Our daily fresh menu includes: a vegetarian comfort bowl, hot lunch, a vegetarian soup of the day, an assortment of pressed sandwiches and much more.

Location

The Red Apron
410 Gladstone Ave. Ottawa,
Ontario K2P 0Z1

Hours

We are open 6 days a week
and offer delivery Monday-
Friday.

Contact

613.695.0417
redapron.ca
info@redapron.ca

FOR MORE DETAILS ON OUR WEEKLY MENUS, A LIST OF WHAT'S IN-STORE, OR MORE INFORMATION ON 'HOW IT WORKS' PLEASE VISIT OUR WEBSITE.